



Public Safety Response to Post Traumatic Stress Disorder (PTSD)

Overview:

This segment of the seminar encompasses an in-depth discussion of Post-Traumatic Stress Disorder – Signs and Symptoms of the condition, how it manifests, how Stigma and Stress play a factor in triggering it, and how & what strategies appear to be successful in managing those who may suffer from it.

As a result, these innovative approaches, management tools, and direction will assist public safety personnel in cultivating a more insightful appreciation of how such individuals who suffer from a condition struggle with attempts to problem solve in everyday life.

More and more of our Military Veterans and families experience an array of changes and transition from Pre-Deployment to Post-Deployment.

This seminar will discuss and evaluate the dynamics surrounding suicide, violence risk, and threat assessment involving military personnel in crisis.

This seminar will not only educate others, but provide the necessary insight into what some individuals and families experience, will penetrate the Stigma dynamic, and will assist others in “normalizing” such behavioral and psychological reactions that such individuals and families endure

When: November 10th, 2014

Time: 8:30 AM – 4:30 PM

Where: Spokane County Sheriff's Office Training Center

Agenda:

- I. History of Post-Traumatic Disorder (PTSD) (Movie)
- II. What is PTSD
- III. Stigma, Stress, and PTSD (Movie)
- IV. Fight or Flight Response (What about Freezing?)
- V. Perception of Danger for Someone who displays PTSD Symptoms (Movie)

Break

- VI. Stressors for the Military Veteran
- VII. Deployment Cycle for the Veteran & Family
- VIII. Responses to Traumatic Stress
- IX. Moral Injuries of War
- X. Biopsychosocial Model for Violence Risk Assessment and Threat Assessment

Break

- XI. Suicides in the U.S. Military
- XII. Suicide by Cop
- XIII. Crisis Intervention Approach
- XIV. Assessing Who is Dangerous
- XV. Communication Tactics

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